

Important Dates / Notes

CONGRATULATIONS TO..

James Hague

James has been picked for the U14 Rugby League Outback Tour in July. We hope you have an exciting time.

PLEASE NOTE...

**EARLY
DISMISSAL
FRIDAY 8TH
JULY
2.05pm**

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**Crossing
Monitors T 3**

Thank you to the following students:

Week 1

Cottenham Rd

James B, Madison, Jake K

Elizabeth St

Isaac, Luke F, Tom

Week 2

Cottenham Rd

Annalise, Paige, Darren

Elizabeth St

James H, Jason BG, Logan

Term 2 reflections...

A favourite activity of mine at the end of the term, is to look back and review everything we have achieved and enjoyed as a school throughout the past 10 weeks. In reflection I can honestly say..."What a productive and successful term we have had" Some of the highlights for me have been:

- * The 2011 **NAPLAN** testing was a very successful few days with our Yr 3,5, & 7 students participating in this National testing with great effort, commitment and confidence
- * Continuing our whole school focus on **Reading comprehension** skills with the inclusion of all students R-7 being tested using the TORCH or PM tests. This will help us to identify, monitor and track student progress in comprehension from year to year
- * Staff **professional learning** with Stephen Graham, a Literacy expert, on our pupil free day
- * Our high level of student involvement and success in various **SAPSASA** events, including Soccer and Cross country events
- * **'Student voice'** in action through our SRC and class meeting structures was highly evident with an amazing success with the Biggest Morning Tea and an end of term school disco to prove this.

- * **Class excursions** being an important part of learning beyond the class environment. These opportunities included Yr 6/7 aquatics, the Gold building trip to the Botanic Gardens and Museum and Rm 3 visit to Urrbrae House
- * **Principal's tours** this term have been well attended with many new families taking the opportunity to learn more about our school
- * The new **school lunch** menu and canteen buying opportunity has been very exciting for our students promoting diverse and very yummy ranges of food for lunches

I would like to sincerely thank again all our wonderful staff and volunteer parents for all the hard work and care that goes in to each and every day. I wish all our students, staff and families a safe and happy 2 weeks break and look forward to another exciting term ahead.

Regards, **Jan Carey**

NEXT PRINCIPAL'S TOUR

Banksia Park School R-7
invites parents of
**babies, toddlers
and preschoolers**

interested in enrolling their children at Banksia Park R-7 School to attend our next Principal's Tour

on: **Mon 15th Aug at 9.30am**
at: **Banksia Park School R-7**
Bookings are essential
Ph: 8264 2114

BIGGEST MORNING TEA Cancer Research

On Friday the 24th of June we had a Biggest Morning Tea. We raised \$480. We raised a lot of money. We did a good job. Thank you for all your hard work. It was a huge success. Thanks to every one who helped out.



Thank you,
Kayla Fisher



'Why should we exercise?'

Many parents would remember the days of listening to stories from their parents and grandparents of the exercise they did on a daily basis. Stories probably included walking or bike riding miles to school every day, chopping wood, carrying groceries, washing the clothes, carrying water, digging the garden, playing sport and walking home afterwards.

How things have changed over time. Today, we have cars or buses, washing machines and hardly any wood stoves. Not many people grow vegies, and an adult usually drives kids where they want to go.

Sadly, Australia is now experiencing an 'obesity epidemic'. In Australia, 61 per cent of adults are overweight or obese. In 20 years, our overweight rate has risen faster than in any other developed country. It is projected to rise another 15 per cent in the next 10 years. This social epidemic will also result in many health problems, such as heart disease, type 2 diabetes and some forms of cancer. But we can change that by taking positive action now.

Why is exercise important?

Exercise is good for growing children as well as for adults. It keeps muscles stronger, increases flexibility and makes them feel better, as well as making it easier to maintain a healthy weight.

Apart from these important health benefits, exercise also:

helps children to develop social skills such as sharing, taking turns, cooperating and learning about winning and losing

helps children to develop physical skills such as running, eye-hand coordination and ball skills

helps children to get a sense of belonging as they do things with other children, either in casual or organised activities and sports

helps families when parents exercise with their children or when parents support their child's sport.

How much exercise should children be getting?

Each day school-aged children and teenagers should accumulate **at least 60 minutes** of moderate - to vigorous-intensity physical activity to ensure healthy development. Children (and adults) should be active every day in as many ways as they can.

What can parents do?

Below are some activities that cost little or nothing and can be done with ease:-

Show children that you think physical activity is important by being active yourself.

Take your children to playgrounds. Explore your local area for new playgrounds.

Walk the dog if you have one.

Encourage children to help you in the garden or give them a small garden plot of their own.

Teach your children the skills for the sports they want to play and practice with them if they enjoy this.

Support your children's sport. Show you are interested. Help with transport to sport, and stay and watch.

Do something active on family outings, e.g. walk to the cinema or the shops when you can.

These are just some ideas. There are many more things you can do to be active each day. By starting early, active children are more likely to be active and healthy adults.

I wish all families a safe and relaxing July holiday break.

Regards,

David

VACATION CARE JULY SCHOOL HOLIDAYS

There are still vacancies available if you need to arrange care these coming holidays.



There are lots of different and exciting activities available.
Please call the Director, Tammy, on 0401 718 832 to book.



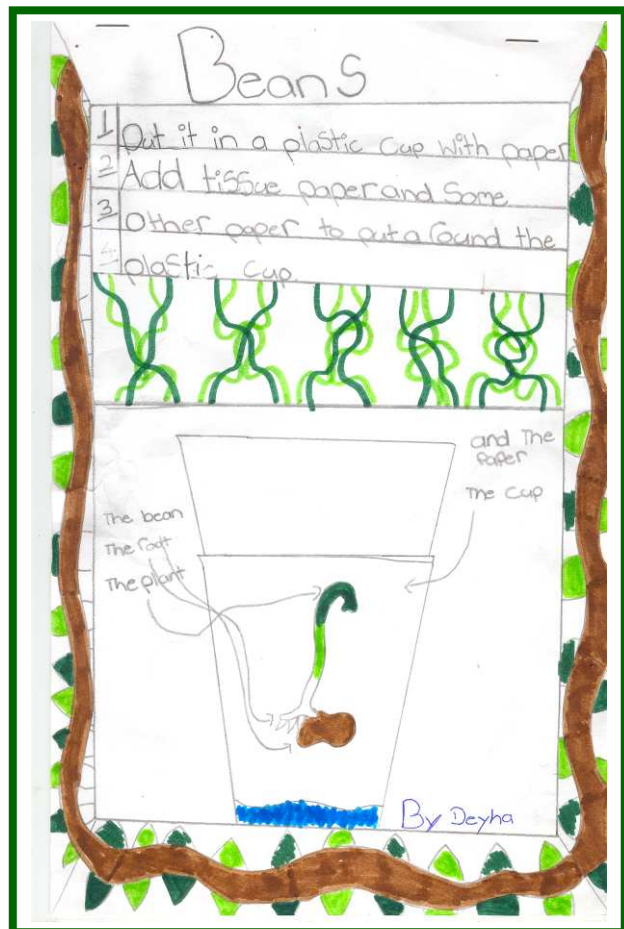
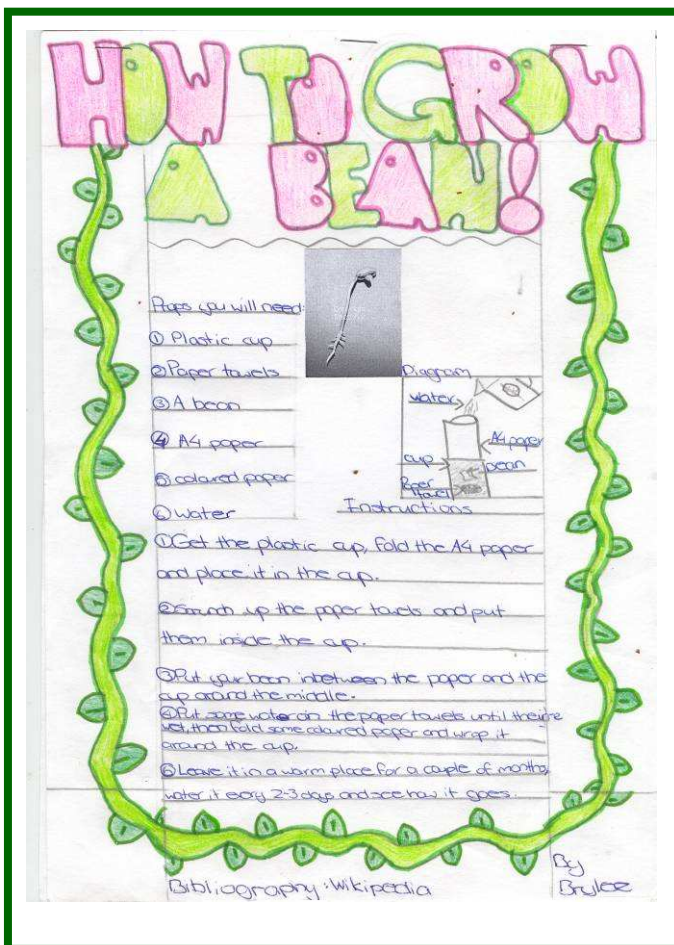
Room 8 Science Unit—Plants

The students in Room 8 have been studying plants as part of their Science curriculum.

This involved many activities including planting beans, observing and documenting their growth and writing reports.

Jason, (right, perhaps we should call him 'Jack') won the 'fastest growing bean' competition

Below are samples of these reports written by Deyha Smith (Yr 4) and Brylee Cook (Yr 5)



Left: Report authors, Brylee and Deyha. **Above:** More bean experiments

BANKSIA PARK CALENDAR 2011

TERM 3	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 25th Julu				SAPSASA Girls Footy carnival	
Week 2 1st August		KOREAN STUDENTS			
Week 3 8th August	Gov Council Mtg			ASSEMBLY 10.20	
Week 4 15th August					
Week 5 22nd August					
Week 6 29th August				ASSEMBLY 10.20	
Week 7 5th Sept			TRI SKILLS		★ SCHOOL CLOSURE
Week 8 12th Sept	Gov Council Mtg		TRI SKILLS		
Week 9 19th Sept			TRI SKILLS	ASSEMBLY 10.20	
Week 10 26th Sept			TRI SKILLS		2.05pm DISMISSAL

COMMUNITY NOTICES

- **ZOO VENTURES & ZU-FARI:** July school holiday programs at the Zoos SA with focus on making friends, learning lots and providing unique opportunities to meet Zoo animals and their keepers. ZooVentures for kids at the Adelaide Zoo (6-12 years) and Zu-Fari for kids at Monarto Zoo (8-13 years). 9am-4pm on various weekdays. ZooVentures \$55/day and Zu-Fari \$65/day (including the bus trip up to Monarto). Please ring 82672434 as bookings are a MUST and fill fast! For more information visit www.zoossa.com.au/education.
- **Auslan Course:** Introduction to AUSLAN (Australian Sign language), 6 lessons in Term 3 2011. For Early Childhoods workers and Families of Children with Impaired Hearing. Starts 4th August and finishes 15th Sept. Klemzig Primary School, Thursdays 4-6pm. \$25 payable to Klemzig Primary School. Bookings: Marion Johnstone 82611944